



George M. Gibson Senior Center

HELPFUL PHONE NUMBERS



SENIOR SUPPORT

ALZHEIMER'S ASSOCIATION OF GREATER LOS ANGELES

Provides support & services for those with
Dementia & Alzheimer's issues.

(844) 435-7259 www.alzheimersla.org

INLAND CAREGIVER RESOURCE CENTER

Provides support & respite for caregivers.

(800) 675-6694 www.inlandcaregivers.org

WEST END FAMILY COUNSELING

Provides senior counseling.

(909) 983-2020 www.wefcs.org

CITY OFFICES

GEORGE M. GIBSON SENIOR CENTER

(909) 981-4501

UPLAND CITY HALL

(909) 931-4100

SAN BERNARDINO COUNTY FIRE - UPLAND

(909) 356-3805

UPLAND POLICE DEPARTMENT

LIFE THREATENING EMERGENCIES - 911

NON-EMERGENCY - (909) 946-7624

UPLAND PUBLIC WORKS

(909) 291-2930

UPLAND RECREATION

(909) 931-4180

CITY OF UPLAND WEBSITE

www.uplandca.gov

FOOD ASSISTANCE

CALFRESH

A supplemental food assistance program.

(909) 912-6118 www.211sb.org

COMMUNITY ACTION PARTNERSHIP

Offers food pantry county-wide,
as well as other human services.

(800) 635-4618 www.capsbc.org

FEEDING AMERICA FOOD PANTRY

County food pantry.

(951) 359-4757 www.feedingamericaie.org

FSA (Family Service Association)

Senior nutrition program.

(951) 342-3057 www.fasca.org

SENIOR HUMAN SERVICES

DEPARTMENT OF AGING & ADULT SERVICES

Area agency on aging.

(909) 891-3900 www.hss.sbcounty.gov/daas

SAN BERNARDINO COUNTY RESOURCES

Provides elder assistance, food, clothing,
and crisis services.

(888) 435-7565 211 www.211sb.org

HOUSING ISSUES

INLAND FAIR HOUSING & MEDIATION BOARD

A HUD approved counseling agency.

(800) 321-0911 www.ifhmb.com

TRANSPORTATION

ACCESS "CURB TO CURB" OMNITRANS

Door to door shuttle services, eligibility,
and application process.

(909) 379-7160 www.omnitrans.org

SENIOR RESOURCES

AGING NEXT

Provides senior resources.

(909) 621-9900 www.agingnext.org

TAXES

AARP TAX AID PROGRAM

Answers questions for those who have already
filed taxes this year.

(605) 549-5168